

Bio for Gary Sheely

For over 30 years, Gary's unique role in people's lives has placed him in the middle of hundreds of conflicts and confrontations. His experiences, education and expertise truly make him a "Tactical Confrontation Specialist." He has been teaching confrontation and de-escalation skills to clients for 20 years, and in 2010 started his own company, 1Eighty Consulting, to work with organizations that want to create a culture where their people feel safe having constructive confrontation and de-escalating angry people.

In addition to his Tactical Confrontation Seminar, Gary has published 3 books and dozens of articles on Communication, Workplace Improvement, and Self-Development. Many of them are available on his website blog at 1Eightyconsulting.com.

He taught for over 4 years as an Adjunct at both University of Phoenix and Saint Gregory's University in Tulsa. Among his courses were Professional Communication, Speech, Western Civilization and Culture and Interpersonal Relationship Skills. In 2009 he was recognized by his students as Faculty of the Year for a class entitled "Spiritual Dimensions of Mental Health."

He is also a USPA certified Skydiving Instructor, Freefall Coach and Jumpmaster with hundreds of skydives logged.

He has been married to Kathy for 34 years and they have 2 grown sons.